One of those little accompaniments with a bizarre name that became trendy in the early part of the new millennium. Still, just because a thing is trendy it doesn't mean that it isn't worthy of some attention, does it? I think the name is fun and it works well with baked or grilled cheeses, particularly goat's cheeses.

Planning

serves:	4
prep time:	10 mins
cooking time:	1 hr

Ingredients

350g red onions, peeled, halved & finely sliced 25g butter 1 tbs thyme leaves, picked 225ml dry red wine 50ml red wine vinegar salt & pepper

Method

Melt the butter in a medium-sized saucepan, stir in the onions and the thyme and let them soften for about 10 minutes. Now add the wine and vinegar, bring it to a gentle simmer and add a little salt and black pepper. Reduce the heat to low and let it cook gently, uncovered, for 50 minutes to 1 hour or until the liquid has evaporated. You are aiming for a jam-like consistency.

This works warm or cold, depending upon what it is accompanying.